



## DEEPEN YOUR SPIRIT

At Circle Counseling we believe that each individual, couple, or family has unique strengths and unique hurts that, when fully explored, will bring to light new, more healthy ways of thinking, feeling, and acting in the world. The truth about ourselves is sometimes hard to see, hard to understand, and hard to admit, but in therapy these hard realities can be looked at within the safety of a caring, professional relationship. Let the truth set you free in new ways. Deepen your spirit and find new joy.

### CIRCLE COUNSELING

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CIRCLE COUNSELING is a part of the  
CIRCLE OF HOPE network  
in Philadelphia.



For more information:  
[WWW.CIRCLEOFHOPE.NET](http://WWW.CIRCLEOFHOPE.NET)

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4617 WOODLAND AVENUE  
PHILADELPHIA, PA 19143



Often  
solutions can  
be found by  
going deeper.

PROFESSIONAL  
MENTAL HEALTH  
SERVICES  
GROUNDED IN FAITH

TELEPHONE  
267-254-0015



Let us help you  
build bridges to a  
new future.



# HOPE, HELP, WHOLENESS. . .

PROFESSIONAL MENTAL HEALTH SERVICES  
GROUNDED IN FAITH



NEW LIGHT  
FOR THE  
ROAD  
AHEAD

When life becomes challenging or you're losing hope, a safe place to explore change can be the way to a fuller and happier life.

## Meet our staff:



Gwen White, Psy.D., is a licensed psychologist in PA. She sees individuals and couples and has a special interest in those struggling with issues of depression and its impact on spiritual growth.



Gerry Davis, D.Min., specializes in couples & family therapy, particularly in helping partners resolve conflict. Additionally he works with individuals around issues of growth and healing.



Jo Saba, M.A., has experience with a wide range of mental health needs. He focuses on psychotherapy with individuals and groups.



Angela Backues Petersen, M.A., works with individuals and groups. She focuses on resolving issues involving anxiety and depression.

Psychotherapy that helps to bring about transformation will offer insights into the deeper motivations that lie outside of our conscious awareness in everyday encounters. Circle Counseling seeks to provide, through the therapeutic relationships formed between our clients and counselors, the opportunity for the client to risk new ways of relating and being in the world.

Counseling is always confidential. We understand the importance of guarding your trust in this way. Your concerns for personal growth will be met with dignity and respect for your privacy.

Because our fees are assessed according to the client's financial situation, we are not able to apply client insurance due to current policies in the insurance industry.

## EDUCATIONAL OPPORTUNITIES:

- PARENTING SEMINARS
- MARITAL SEMINARS
- SPIRITUAL GROWTH SEMINARS & GROUPS
- SUPPORT GROUPS

## PSYCHOTHERAPY SERVICES:

### For Individuals

Our work with individuals helps them address challenges related to:

- Depression
- Anxiety
- Spiritual formation
- Women's issues
- Grief
- Personal growth
- Aging
- Self-esteem
- Anger management
- Stress
- Eating disorders
- Sexuality
- Emotional and physical abuse
- Work and career concerns
- Substance Abuse
- Separation & Divorce
- Relaxation and Meditation training
- Relationship skills

### For Couples & Families

Our work with couples and families includes counseling and educational issues such as:

- Communication
- Intimacy
- Money Management
- Anger & conflict
- Power
- Sexuality
- Separation & Divorce
- Parenting Issues